

The
National Sobering Collaborative
presents



**4th Annual
National Sobering
Summit
October 2019**

Eaton Hotel, 1201 K St NW
Washington, DC 20005

Networking Opportunities

Join your colleagues and fellow attendees at informal networking events on both Thursday and Friday evening!

Thursday Evening 5p-7p

Did you arrive early for Summit?
Please join us at **Wild Days** rooftop bar atop the Eaton Hotel for a pre-conference get-to-know-each-other event.

Note: Cash bar.

Wild Days Happy Hour is from 4-6 pm.

Friday Evening 6p

We only get together once a year!
All attendees are invited to gather and relax for an evening bite to eat. Please join us at 6:00 pm. Location will be announced during the Friday session.

Thank you to our conference organizers!

Marina Franco, Suzanne Jarvis, Leonard Kincaid, Melanie Lippmann, Brian Lynch, Rhonda Patrick, Vicki Powers, & Shannon Smith-Bernardin

Friday October 11, 2019

Eaton Hotel: Crystal Room, Lobby Level

Morning Session	
7:30 am	Registration/ Complimentary Breakfast
8:30 am Welcome	Welcome and Introductions Shannon Smith-Bernardin PhD, RN, President, <i>National Sobering Collaborative</i>
9:00 am Trends and Needs Regarding Substance Use	It's not just alcohol. What does the landscape of substance use and drug trends look like in the clients we serve and in communities across our country? Alicia Kowalchuk , DO, FASAM, Associate Professor, Baylor College of Medicine Department of Family & Community Medicine John Eadie , PDMP Project Coordinator for the National Emerging Threats Initiative, High Intensity Drug Trafficking Area (HIDTA)
10:15 am	Coffee Break
10:30 am Sobering 101: From Concept to Operation	Want to start a sobering center? Meet the key players who implemented a sobering center from start to finish in three years navigating politics, funding and business formation. In this case, law enforcement is a primary partner. Leonard Kincaid LCDC, LPC, MBA, Executive Director, Houston Recovery Center (TX) will facilitate this discussion. Ed Gonzalez , Sheriff, Harris County Sheriff's Office (TX) Mike Lee , Major, Mental Health and Jail Diversion, Harris County Sheriffs' Office (TX)
11:35 am: Solutions for ED Diversion?: Maximizing utilization of sobering centers	Emergency medicine is a key partner in many sobering care programs. Learn about diverting public intoxication from the EMS field and Emergency Department. Two emergency medicine physicians discuss what works and barriers encountered. Jason Pickett MD, FACEP, FAEMS, Deputy Medical Director, City of Austin-Travis County EMS System (TX) Clement Yeh MD, FACEP, FAEMS, Clinical Professor of Emergency Medicine, Zuckerberg San Francisco General Hospital (CA)
12:45 pm	Lunch on your own. See listing if you would like suggested lunch venues
Afternoon Session	
2:00 pm The Untold Story	"The Untold Story": Sobering Center's role in policy and advocacy efforts to improve the lives of our clients without homes Barbara DiPietro PhD, Senior Director of Policy, National Health Care for the Homeless
2:45 pm Why Data Matters	Data isn't sexy but it really matters. This session discusses the ins and outs of data. See how it tells the story guiding operations, funding, marketing, research, and impact. Suzanne Jarvis , MPH, Director Data and Program Analytics, Houston Recovery Center Vicki Powers , Communications Specialist, Houston Recovery Center
3:30 pm	Coffee and Snack Break
3:45 pm Standardizing Sobering Care	Finding our collective niche: Standardizing sobering care for client safety and outcomes Shannon Smith-Bernardin PhD, RN, President, <i>National Sobering Collaborative</i>
4:30 pm Open discussion	Summit participants to come together for discussions that matter most. Facilitated by NSC Board Members
5:00 pm	Day Session concludes
6:00pm	Informal Networking & Evening Bite to Eat. Location TBD.

Saturday October 12, 2019
Eaton Hotel: Beverly Snow Room, 2nd Floor

Morning Session	
7:30 am	Registration/ Complimentary Breakfast
8:30 am 2019 Sobering Care Survey	The National Sobering Collaborative conducted a 2019 survey of sobering care programs in the United States. Hear the preliminary results and what this may mean for sobering initiatives in our country. Shannon Smith-Bernardin PhD, RN, Asst Adjunct Faculty, University of CA-San Francisco
9:00 am Sobering Models: Diversity, Flexibility, and Responsiveness of Care	Not all sobering centers are the same. See how far sobering services have come in just a few years by meeting diverse community and stakeholder needs. Panel discussion: Tina Sentner , Program Director - Mission Street Sobering Center (San Jose, CA) Donna Cretcher LCSW, Senior Manager, Whole Person Care/Health and Hospital Administration (San Jose, CA) Jim Dunford MD, San Diego Police Department/ McAlister Sobering Center (CA) Arish Narayen , Esq., Stabilization Center Project Manager, Maryland Crisis Stabilization Center/Behavioral Health System Baltimore (MD)
10:00 am	Coffee Break
10:15 am Evolving Trends Impacting Sobering Centers	How do evolving substance use trends impact sobering care? Methamphetamines and Opioids present an ongoing threat and new demand on sobering centers. Hilary Aquino MA, Associate VP of Homeless and Diversion Services/ Director of Sobering Center (Los Angeles ,CA) Angela Longe FNP-BC, Director of Medical Services, Tuerk House & Crisis Stabilization Center (Baltimore, MD)
11:15 am The Power of Peers	Ever talked to a person with a substance use disorder and feel like you are banging your head against the wall? Peer Recovery Support Specialists is an emerging workforce that can break through personal barriers. Leverage their influence in sobering care. Dr. Masica Jordan , LCPC, President and CEO of Jordan Peer Recovery
12:15 pm	Lunch on your own
Afternoon Session	
1:30 pm Start-Up Toolkit	Where do we begin? Based on interaction with community stakeholders seeking to bring sobering services to their region, the National Sobering Collaborative constructed a Sobering Center Start-Up Tool Kit. Whether you are brand new or seasoned in this service delivery, toolkits are invaluable to sobering operations. Leonard Kincaid LCDC, LPC, MBA – Executive Director, Houston Recovery Center (TX)
2:15 pm Where's the Money?	Financial sustainability is critical to any business. Since sobering care can be funded by different sources, where do you find the money for start-up and sustainable operations? Glynis Anderson LMSW, ACSW CEO/ Founder - Home for New Vision Engagement Center (Ann Arbor, MI)
3:15 pm	Coffee and Snack Break
3:30 pm Sobering Care Movement: Collaborative Planning	"If we were to design the ideal National Sobering Collaborative, what would it look like?" In our final session, we bring participants' collective professional experience and the summit discussions into a planning session that focuses on our movement in sobering care, staying connected, and 2020 conference planning. Facilitated by NSC Board Members
5:00 PM	Summit Concludes